



This uniquely formulated potassium product is composed of potassium gluconate. It is a dietary supplement used to prevent low potassium levels. A normal level of potassium in the blood is important, especially for your cells, kidneys, heart, muscles, and nerves to work properly. Potassium gluconate is believed to be more palatable and non-acidifying than potassium chloride.

Potassium gluconate is a salt that is classified as a food additive by the FDA.<sup>1</sup> This **ITG Potassium** product contains 99 mg of Potassium from this source.

Why is Iodine important? It is a mineral found in some foods. The body needs iodine to make thyroid hormones. These hormones control the body's metabolism and many other important functions.

### CAUTIONS

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process, milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**Allergen Warning: Contains crustacean shellfish (Kelp) 150 mcg**

<b>Supplement Facts</b>		
Serving Size 1 Tablet		
Servings Per Container: 100		
Amount Per Serving	%Daily Value	
Iodine (from kelp)	150 mcg	100%
Potassium (as gluconate)	99 mg	2%

Other ingredients: Dicalcium Phosphate, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Aqueous Film Coating (Purified Water, Hydroxypropyl Methylcellulose, Vegetable Glycerin), Croscarmellose Sodium and Silicon Dioxide.

**Servings per container:** 100

These statements have not been evaluated by the FDA. These products are not intended to treat, prevent or cure any disease

1) <https://pubchem.ncbi.nlm.nih.gov/compound/Potassium-gluconate>